

ARCADIA | ATLANTA | CICERO | SHERIDAN CARMEL | FISHERS | NOBLESVILLE | WESTFIELD



Tonight: Clearing and colder.

HIGH: 60 LOW: 29





What better way to get the Christmas season started than by enjoying a free performance from these fine folks?

Hamilton Co. Community Band to perform free Christmas concert

By BRIAN WUERCH For The Reporter

Are you looking for a fun and free way to kick off your Christmas season? Put your family and friends in the hol-County Community Band's annual Christmas Concert. This event filled with seasonal music will be at 7 p.m. on Sunday, Dec. 3 in the Noblesville High School Theater.

feature many familiar Christ- Claude T. Smith's "Symphonmas tunes, including "The ic Prelude On Adeste Fidelis." Twelve Days of Band Camp," along with a Gustav Holst piece, "In The Bleak Midwinter" to honor Robert W. Smith, ensemble contests, concert oriday spirit at the Hamilton a prolific concert band composer and arranger who passed away in September of this year. cations contests. He has twice Kids will also enjoy a special visit from the big elf himself, Santa Claus!

The concert is free and will will take the podium to conduct Butler University Symphonic Poio works as an adjudicator for the Indiana State School Music Association's solo and ganization contests, and state concert band/orchestra qualificonducted the symphonic band for the Ball State University Mid-America Band Clinic and Guest conductor Joe Poio served as interim director of the

Band. He was coordinator of the Indiana State Fair Band Day Contest for 18 years.

Poio currently serves on the Board of Directors for the Central States Judges Association. He has had the opportunity to judge marching band events in Indiana, Kentucky, Ohio, Tennessee, Louisiana, Florida, Illinois, and Oklahoma.

See Band ... Page 2

Reducing the mental load at home: shopping for pet supplies & prescriptions

Now that we've discussed how to help with the mental labor of grocery and personal care shopping along with meal planning for humans, let's move onto our furry friends. We are quite par-



ticular about what we feed our cat and dogs and prefer to get their

food from a pet store. This is another avenue where you can order items online. In my research, I've seen many advantages for going this route.

First, it's nice to have one less errand to run and to save time and gas. Some people live in more rural areas where the nearest pet store is maybe 30 minutes or more from their home.

Second, lugging around huge bags of pet food can be challenging if you have a disability, back issues, or if you're just plain tired from a long day at work. Through Amazon and other online sites, you can set up a recurring delivery that comes to your front door. You'll never have to lift heavy bags for long distances or worry about running out of pet food ever again. Remember, automation is a wonderful tool to relieve mental labor! Third, you'll find a greater variety of pet food and supplies online and often save money. Finally, ordering pet food online is a nice way to send a gift to someone or to donate to an animal shelter. Even with these advantages, I personally don't shop online for pet food. We only live five minutes from Tractor Supply Company which is literally right beside Aldi.

Entertainment lineup announced for this year's Carmel Christkindlmarkt

The REPORTER

markt has a full calendar of entertainers from around the coun-

New this year, the Market following: will welcome Grammy-nominated musician and producer Alex Meixner from Texas; the Mike Schneider Band from Hi-Dukes from Evanston, Ill.; Brass Animals, who has troupes around the country; and Brass Attack (38th Infantry Quintet) from Indiana.

offer authentic, amazing enter- p.m. tainment at our Winter Pavilthey visit the Market," Carmel Christkindlmarkt CEO Maria Murphy said. "We are so excited Power Trio (Carmel), blues, and to welcome many new acts this year, along with old favorites for REO Speedwagon - Dec. 3 p.m.

that have been here year after The Carmel Christkindl- year as a part of visitors' holiday traditions."

The line-up of entertainment try lined up for the 2023 season. for the season will include the

> • Midwest Alphorn Retreat (Michigan), alphorns – various times on Nov. 18 and 19

• Jay Fox & The Jammin' Milwaukee, Wis.; Jutta & the Germans (Fort Wayne), polka music – Nov. 18, 1 to 2:45 p.m.; Dec. 2, 7 to 8:45 p.m.; Dec. 23, 7 to 8:45 p.m.

· Johnny Koenig (Pennsylvania), polka music - Nov. 24, 4 "Every season we strive to to 5:45 p.m.; Nov. 25, 7 to 8:45

• Jennie DeVoe (Indianapoion for guests to enjoy when lis), soul-blues singer/songwriter – Nov. 24, 7 to 8:45 p.m.

• Duke Tumatoe & The featuring an original guitarist Dec. 8, 6 to 8 p.m.; Dec. 9, 1 to



Photo provided At Carmel Christkindlmarkt, guests will enjoy all sorts of authentic talent during their visits.

1, 7 to 8:45 p.m.; Dec. 22, 7 to 8:45 p.m.

• Mollie B & Squeezebox Dec. 10, 12:30 to 1:30 p.m. (Minnesota), polka music -

• Brass Attack (38th Infantry Quintet) (Indiana), brass band –

• Brass Animals (troupes are

See Carmel ... Page 4

See Mental Load ... Page 2

HEPL Board holds meeting

The REPORTER

The Hamilton East Public Library Board met Thursday evening. Among the items on the agenda was discussion of the Collection Development Policy and a "Childhood Development Presentation."

Keep reading The Reporter for a full story on the board meeting.

Fishers Tigers preparing to march into New York City



Photo by Kyle Fisher / WISH-TV

The Fishers High School Tiger Marching Band on Thursday geared up for this year's Macy's Thanksgiving Day Parade. The Marching Tigers say they are one of five high school bands selected nationwide. The Fishers community has shown its support to their marching Tigers. More than \$120,000 was contributed to offset the cost for the students who will be going on the trip. Chad Kohler, the school's director of bands, says this trip will be the school's first-time participating in the historic parade. "I mean it's an honor, just a complete blessing and an honor for those students," he said. Fishers' 253 band members will depart Sunday for New York City. See more pictures at ReadTheReporter.com.

Holidays at the Hill returns to Noblesville's Federal Hill Commons

The **REPORTER**

and Recreation Depart- The 52-by-96-foot ment has announced that ice rink will be "Holidays at the Hill" will located at the return for its fourth season Market Plaza at Federal Hill Commons at Federal Hill Nov. 18 through Jan. 8, 2024.

"Holidays at the Hill adds to the offerings we Nov. 18 through have in Downtown Noblesville to enjoy time together and create lasting memories," Noblesville Mayor Chris Jensen said. "From ice skating to carriage rides, a walking lights tour to the holiday market, Holidays at the Hill has become a winter tradition with activities for all ages looking to celebrate with friends and family."

The temporary ice rink, with real ice, will open at 11 a.m. Saturday, Dec. 24 and 31 (11 a.m.

Commons.

From

Dec. 22, Ice Plaza hours are 5 to 9 p.m. Wednesday, Thursday, and Friday; 11 a.m. to 9 p.m. Saturday. Starting on Dec. 23, hours will be extended to 11 a.m. to 9 p.m. Monday through for enjoy-Saturday ment during Noblesville Schools' winter break. The rink will be open 11 a.m. to 7 p.m. every Sunday throughout the season. The rink will have special holiday hours on Nov. 24 (11 a.m. to 9 p.m.), and



A 1 1

ages are welcome to participate and rental ice skates range from kid to adult sizes. Admission rates are \$13 for those ages 13 and older and \$11 for ages 12 and younger. Multiple skate passes are offered online at a discounted price and skating aids will be available for \$3. Guests may bring their own skates if they prefer, but skate rental is included in the admission fee.

See Hill ... Page 2

HILL

2

"2023 will be the seventh consecutive year of the city hosting the Ice Plaza," Parks Director Brandon Bennett said. "Instead of offering sessions, our Ice Plaza allows skaters to enjoy the ice for as long as they want. Admission is all day long so after skating for a bit, patrons can take a break to visit any of our fantastic nearby restaurants and stores and return to skate some more without having to pay again."

Families can reserve a unique, private carriage not be possible without the with 80-plus volunteer memride through downtown Noblesville. Rides last approximately 15 minutes and can seat up to six adults and three to five children on adults' laps. Carriage rides will be offered on six days in December.

Leading up to Christmas Eve, private rides with Santa will be available Dec. 15 to 18. In addition to Santa, rides will seat up to five adults and three to five children on adults' laps. Each ride includes only one group and must be reserved in advance online at **bit.ly**/ npcarriagerides. Carriage ride registration will open at noon Wednesday, Nov. 15.



BAND

from Page 1

able lights display with festive, picturesque views is Sabin Martinez. Martinez and a warming shelter and recently completed work food/drink trucks on select on a dual master's degree in days. The Holiday Market, music performance and conhosted by Noblesville Main ducting from Butler Univer-Street, will take place from 11 a.m. to 4 p.m. Saturday, Dec. 2 and will include local restaurants and holiday artisan vendors for shoppers. The Holiday in Lights at Butler and frequently Parade hosted by the City of teaches and plays in bands Noblesville at 6:30 p.m. on and chamber ensembles in Dec. 2 will end at Federal the Indianapolis area. Hill Commons.

support of the following businesses and organizations: Align Orthodontics, Bailey & Wood Financial Group, Building Envelope Allies, Burtner Electric, CCH+A, Context Design, CSI Signs, Federal Hill Apartments, Gaylor Electric, Horizon ter, IU Health, McGavic Outdoor Power, Metronet, Midwest Paving, Mufflers and More, Myers Construction Management Inc., Old Town Companies, Pediatric Dentistry of Noblesville, Peterson Architecture, RCX Sports, Reggie's Motorworks, and The Noble Mechanic.

For additional informa-Federal Hill Commons' tion about Holidays at the

Also guest conducting sity and served as the graduate assistant for the Butler University Athletic Bands. He was the winner of the 2021 concerto competition

The Hamilton County Holidays at the Hill would Community Band (HCCB), bers, was formed on Feb. 25, 2018, with a meeting between current director Brian Swart, Eric Thornbury, and Marc Feeney. These three men saw a need for a true community concert band in Hamilton County.

on Sunday evenings at No-"Our mission is to have Bank, Indiana American Wa- a "FUN" atmosphere that is blesville High School.

MENTAL LOAD

Their prices are rock-bottom prescriptions via mail or debecause we are members of their Neighbors Club.

small, and we can easily store a month's worth of food for all our pets thanks to having large bins with lids. The bags of food aren't too heavy. I enjoy seeing everyone at this store once a month, plus they are great community supporters. This is one load that is quite light for me. With a little bit of research and planning, you can discover the best options to help slash your labor in this area as well.

One mental load that I am working to decrease, however, is prescriptions. My husband John gets three a month from two different cies, by using a simple app pharmacies. Many people are switching to getting their

livery.

inviting to all musicians,"

ple concerts in and around

the Hamilton County area.

Rehearsals are held weekly

HCCB performs multi-

Swart said.

This is helpful, especial-Our dogs and cats are ly when you have the same prescriptions from month to month. Most pharmacies, even small local ones, offer this service for free for regular mail or no rush delivery. The advantages include:

the pharmacy. 2. Cutting you out of the

middle and having prescriptions sent to the pharmacy right from your doctor. 3. Easy transfer of exist-

ing refills. 4. Saving time and gas.

germs in crowded pharmacies With the larger pharma-

on your phone, you can re-

prescription is ready, choose a delivery method, upload a payment method, and even track your prescription.

If you're not tech savvy, you can still get prescriptions mailed or delivered to you and often save money. Many insurance plans allow a reduced copay when ordering 1. Not waiting in line at a 90-day supply for home delivery. Talk to your doctor and ask for a 90-day supply with the appropriate number of refills. Ask them about generic options as well.

To get things started, you can bring in your prescription to the pharmacy, submit form by hand.

I'm working with my husband to switch to this ceive notifications when your option because it feels like

Please consider support- will be collected to help with the purchase of new music and equipment.

HCCB also welcomes School Auditorium. Bring corporate sponsors. Information can be found at HamiltonCountyCommuseason. A freewill offering nityBand.com.

from Page 1

one of us is always running to our local pharmacy at least once every week or two. Even though we get automated reminders of when a prescription is due for pick up, this errand gets old and adds to our load.

By the way, there are similar systems for your pets' prescriptions. Some sites offering this service are chewy.com, drsfostersmith.com, 1-800PetMeds, and PetCareRx. You may also save money for your furry friends' medications this way!

Amy Shankland is a 5. Avoiding exposure to it by mail, ask your doctor writer and fundraising proto call, fax, or e-prescribe it, *fessional living in Nobles*or fill out a refill submission ville with her husband John, two sons, two dogs and a cat. You can reach her via email at amys@greenavenue.info.

> **Next To The New Costco**

on 146th St





Sabin Martinez (left) and Joe Poio (right) will both serve as guest conductors.

ing this community endeav-

or at 7 p.m. on Sunday, Dec.

3 in the Noblesville High

the family and grandkids

and kick off your holiday

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WE'RE OPENING IN Noblesville Tuesday, November 21, at 8 a.m.







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Sign up at our temporary location. **9460 East 146th St.**

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For location details, visit Costco.com and search: **Noblesville Opening**

*To receive a Digital Costco Shop Card, you must provide a valid email address and set up auto renewal of your Costco membership on a Visa® card at the time of sign-up. If you elect not to provide a valid email address and sign up for auto renewal, a Digital Costco Shop Card will not be emailed. Valid only for nonmembers for their first year of membership. Limit one per household. Nontransferable and may not be combined with any other promotion. New members will receive their Digital Costco Shop Card by email within 2 weeks of sign-up. Costco Shop Cards are not redeemable for cash, except as required by law. A Costco membership is \$60 a year. An Executive Membership is an additional \$60 upgrade fee a year. Each membership includes one free Household Card. May be subject to sales tax. Costco accepts all Visa cards, as well as cash, checks, debit/ ATM cards, EBT and Costco Shop Cards. Departments and product selection may vary.

Awareness Code: 23705 · Expires: Dec. 31, 2023 · Valid only at: Noblesville Costco and Costco.com

4 CARMEL

from Page 1

currently located in California, Texas, Georgia, New York, and Illinois), New Orleans-style brass band style with an eclectic blend of hip-hop, R&B, funk and pop – Dec. 10, 3 to 3:45 p.m. and 5 to 5:45 p.m.

• Jutta & the Hi-Dukes[™] (Evanston, Illinois), Traditional and upbeat Chanukah and Klezmer along with entertainers booked for the ethnic holiday and Christmas music from Germany, Sweden, Denmark, France, Romania, Greece, and more – Dec. 14, 7 to 8:45 p.m.; Dec. 15, noon to 1:45 p.m.

• Alex Meixner Band (Texas), polka music, Grammy-nominated musician, and producer – Dec. 15, 6 to

6:45 p.m. and 8 to 8:45 p.m.; Dec. 16, 4 to 5:30 p.m.; Dec. 17, 6 to 7:45 p.m.

• Mike Schneider Band (Milwaukee, Wis.), polka music - Dec. 16, 6 to 6:45 p.m. and 8 to 8:45 p.m.; Dec. 17, noon to 12:45 p.m., 2 to 2:45 p.m., and 4 to 4:45 p.m.

For a full list of all the Market this season, visit CarmelChristkindlmarkt. com/winter-pavilion.

Th Market opens for the season on Saturday, Nov. 18. To learn more about the Carmel Christkindlmarkt and see all the official hours, please visit CarmelChristkindlmarkt.com.



Reporter photos by Megan Poteet

Earlier this week, The Reporter's own Megan Poteet and her family got a sneak peek at what the Carmel Christkindlmarkt has to offer this year. Despite the unseasonably warm weather, the holiday festivities were well underway. See more photos from the Poteet Family at ReadTheReporter.com.











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NOVEMBER 18-DECEMBER 24

CARMELCHRISTKINDLMARKT.COM



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Opinion & News

From the desk of Heights Supt. Dr. Derek Arrowood

(21)

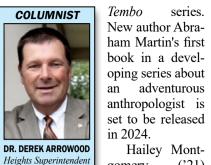
Update No. 117

I take great pleasure in highlighting the accomplishments of our students and alumni at every opportunity.

Theresa Morris ('88), an accomplished mentor and resource,

for students seeking opportunities in the literary field. Kelly Lewis ('88) has joined Theresa in supporting the efforts of young authors and illustrators from Heights with plans to release new books soon.

Ryan Adkins is set to release his third book with a fourth in development. His Monsters of Math series is illustrated by Lu Hubbell ('23), who has also illustrated and/or contributed to three other published works. Sarah Adkins' second book in her series, Tasha's Adventures in Cooking, with Abi Burk ('23) as the series' illustrator along with her sister Kai Burk ('23), who contributed to that series as well as illustrating the Mama Evansville recruit, passed tary, anonymous, and avail-



Hailey Montgomery

reached out to has been a guiding force share that she is Director of Funds for the Ball State University Dance Marathon executive board and fundraising for this year's event. She credited her interest and involvement in helping others to her experience with a Meals-on-Wheels trip her in Hamilton County. Inforjunior year at Heights. She mation and registration can said it was so impactful, it helped lead her to helping Riley Children and families in need at BSU. I couldn't ana Department of Health help but feel proud of this former student who was inspired in high school to continue to do good work for others. Anyone can support needed to support your her efforts for Riley here.

Runner, a University of through Dec. 15, is volun-

scoring record of 1,340 points on Saturday (1,347) to become Heights' Alloping series about Time Leading Scorer in the women's basketball proanthropologist is gram. After Tuesday night's game, Camryn now stands at 1,377 points scored for Heights. Amazing! * * *

> Interested in a career in aviation? Then you won't want to miss Aviation Career Exploration Day on Dec. 2 hosted by Republic Airways, Leadership In Flight Training (LIFT) Academy, and The Pursuit Institute for students and their families be found **here**.

On a side note, the Indi-(IDOH) is administering a survey seeking input on what your household needs to be healthy and what is well-being. Your feedback will help IDOH better serve Speaking of accom- you and others across Inplishments, senior Camryn diana. This survey, open

series. Jessica Carr's ('11) career able here. Here for Spanish. * * *

> Heads up. A waterline improvement project is underway in the Town of Arcadia through the end of December. Because there is a slight possibility that water service throughout our campus could be impacted, we are encouraging our families to be prepared for the possibility of synchronous e-learning day(s). In the event of losing water service for an extended period, communication will be sent out in a similar manner to that of a weather-related closure. We're keeping our fingers crossed that the project continues through completion without incident.

> With the Thanksgiving holiday coming up next week, I can't help but reflect on the importance of gratitude in our lives. Gratitude is a powerful force that can foster a sense of well-being, improve relationships, and enhance the overall quality of our lives. Wishing you a Thanksgiving season filled with joy, love, and a profound sense of gratitude. **#WeAreHuskies**

Duke Energy offers more than \$425,000 in energy bill assistance to help Hoosier families facing financial hardship

The REPORTER

To help lower energy costs for low-income families this winter, Duke Energy Indiana is making more than \$425,000 in financial aid available to eligible customers through the company's Share the Light Fund®.

"The assistance we offer through the Share the Light Fund will help community members who may struggle to pay their electric bills as the temperatures dip," Duke Energy Indiana President Stan Pinegar said. "Customers with past-due utility bills or in need of ongoing assistance can take advan-

tage of these funds to get the for our neighbors in need, learn more about these prohelp they need."

Duke Energy works in partnership with the Indiana Community Action Association to distribute funds to qualifying customers to pay energy bills, deposits and reconnection/ connection charges.

"As the weather gets colder, the cost of heating a home and keeping the lights on can become a significant burden for families who are ing of service providers by already struggling to make county. ends meet," said Ed Gerardot, executive director of the number of other tools and Indiana Community Action resources to help customers Agency. "These funds can take control of their enerprovide much-needed relief

helping ensure they can stay warm through the winter."

Eligibility for the Share the Light Fund is based on income, family size, and the availability of resources. Customers can receive up to a \$300 credit annually on their account. Individuals should contact their local community action agency to see if they are eligible. Click here to find a list-

Duke Energy offers a gy use and save money. To

grams, visit duke-energy. com/HereToHelp. About the Duke Energy

Foundation The Duke Energy Foundation provides philanthropic support to meet the needs of communities where Duke Energy customers live and work. The Foundation contributes more than \$2 million annually in charitable gifts to Indiana and is funded by Duke Energy shareholder dollars. More information about the Foundation and its Powerful Communities program can be found at **duke-energy**. com/Foundation.



Best in News. Best in Sports.

Any questions?



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News

Sheridan Lions enjoy distinctly Hoosier card game



The Sheridan Lions Club held its Euchre Night last Saturday evening on Main Street, hosted by the Merrill Family.

ated, how proj-

ects go through

the approval pro-

cess, and the final

step of obtaining

building permits.

Expect to leave

this event enlight-

ened and your

eyes opened to a

whole new world

Click here to register

Zoning, building & permits, oh my!

The REPORTER

Have you ever wondered about the process behind buildings getting built? Or maybe how projects are allowed to build in specific areas of a city? Perhaps you are interested in what really happens ture Caleb Erbehind the scenes of that nest, Senior Planbeautiful gas station being ner for the City of built.

The Westfield Chamber of Commerce invites you step-by-step process of how

Planner breakfast from 8 to 9 a.m. on Tuesday, Nov. 28 at The Bridgewater Club.

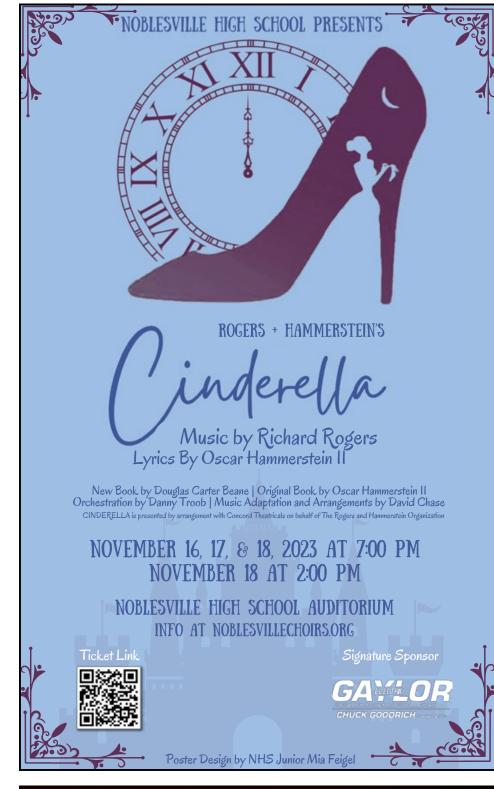
This edition of Pastry with a Planner will fea-

Westfield.



Ernest of zoning, building, and

Ernest will discuss the permits. the second Pastry with a the built environment is cre- now.



OneZone announces 2024 legislative priorities

Submitted

OneZone Chamber of Commerce has announced its 2024 legislative priorities plays an importfor local lawmakers to address during the legislative look to attract session at the Indiana Statehouse. This year OneZone will concentrate its efforts on childcare and workforce development.

workforce will be to support will continue to be a voice policies and incentives that for businesses to help attract encourage attracting, training, and retaining talent to current and future workforce. OneZone believes while the labor market remains robust, the number of qualified workforce participants continues to dwindle, with job vacancies causing problems for industries across the board.

allows businesses to remain innovative ideas to grow the competitive and, thus, spurring growth in existing and of employers and employees. future economic development. This could include policies that encourage quality of place and infrastructure investments that mote a strong educational attract and retain talent, remove overly burdensome formal K-12 education. In regulations, and keep Indi- addition, quality program- 12 at The Bridgewater Club.

ana's tax climate business-friendly. "Workforce ant role as we talent, not just in neighboring states but across the

country," One-Russell Zone President & OneZone's focus on CEO Jack Russell said. "We and retain talent."

OneZone will also fomeet the needs of the area's cus on improving childcare policies. OneZone supports increased access to quality educational programming for Hoosier children - specifically for childcare and pre-kindergarten programs. OneZone supports regulatory change to decrease undue burdens on facilities. Addi-It is critical that Indiana tionally, OneZone supports workforce to meet the needs

> Quality childcare and pre-kindergarten programs are essential to grow our future talent pipeline and profoundation before starting a



childcare providers allows for increased access and availability and allows them to focus on providing quality care.

"We saw great discussion in the 2023 session around childcare and hope to build off the momentum," Russell said. "We look forward to working with our Hamilton County legislators on creating a strong foundation for Hoosier children while finding new and innovative ways to allow parents to participate in the workforce."

As the session approaches make sure to attend the January, February, and March Eggs & Issues. Hear from state legislators on these topics and more. The first Eggs & Issues will be from 8 to 9:30 a.m. on Jan.



Carmel police arrest three Texas men in burglary case

The REPORTER

Carmel Police responded to a burglary in the 14000 block of Dublin Drive. In less than 18 hours, three suspects were arrested and viduals were taken into custransported to the Hamilton tody following a traffic stop County Jail.



On Monday evening, try was made and valuables had been taken from the home. Investigators worked swiftly to identify three suspects involved. Those indiat approximately 2:15 p.m. on Tuesday, Nov. 14.

The following individ-Hamilton County Jail on Burglary to a dwelling, a Level 4 Felony.

• Danny Mosqueda, 36, unless proven guilty.

Officers determined en- Houston, Texas

• Alvaro Gamboa, 57, Houston, Texas

· Bairon Camacho Ruiz, 26, Houston, Texas

If anyone has further information regarding this case, please call the Carmel Police Department at (317) 571-2500.

Charges including the uals were booked into the preliminary ones described above, are merely accusations; an accused is presumed innocent until and



12933 Parkside Drive - Fishers, IN | 317-842-2603

Opinion & News

Better health starts with better sleep

"Be thy sleep silent as night is, and as deep." Henry Wadsworth Longfellow

I have a hunch that my subject matter this week will resonate with a few of you. Sleep – the kind that lasts for sev-

eral hours - renews brain never knows! and body functioning, leaving us awake and refreshed ... remember? I am sure

there are people reading this and unsure of why I would select this topic and if you are one of those people good for you!

For most of my life sleep was never an issue: wash face, brush teeth, jammies,

head on pillow, COLUMNIST no issues falling asleep, my brain sometimes knocks on my skull around 2 SHARON McMAHON later or a bit earli-Let's talk!" One

> problems? Having trouble hour period. sleeping is commonly reported throughout the world. cepted that as we age our According to the American sleep habits and patterns Sleep Association (AMA), sleep disorders currently affect as many as 50 to 70 million U.S. adults and insomnia is the most frequently reported.

done. And while since we are all different health, stronger immune I usually have that our specific sleep needs are different, and of course that would apply to toddlers, adults, teenagers, etc. According to the Centers for Disease Control and Prea.m. or so, maybe vention, adults need seven or more hours of sleep per er, saying, "Hey! night for the best health and wellbeing.¹ Short sleep duration is defined as less than How common are sleep seven hours of sleep per 24-

It is also commonly acchange; I personally can attest to my own experiences thus far. So what is going on and how can we make the necessary changes to ensure that we have betsystems, increased cognitive abilities, and increased longevity? Unfortunately, there are no "easy" answers to that question. Many of the random articles you read, and I concur with their suggestions, advise us to turn off electronyour bedroom is comfortoff or very low, etc.

Most of us are aware of these suggestions and follow them, as I do. How-

persists. Sigh. While, thankfully, this does not occur on a regular basis it occurs frequently enough to further study the subject.

There is so much information about sleep issues and disorders that it can be confusing and unclear regarding how we can identiics of all kinds, make sure fy whether we should seek medical advice and/or make in this article are not intendably cool, no caffeine in changes in our own habbedtime, keep the lighting benefit our bodies to get the censed health professional. proper rest it requires. It is important to seek the advice of your physician.

It is often accepted that ter sleep - therefore better ever, the awakening issue brain won't stop talking to itself." – Garfield

> ¹Joint consensus statement of the American Academy of Sleep Medicine and Sleep Research Society on the recommended amount of sleep for a healthy adult: methodology and discussion. Sleep. 2015;38:1161–1183.

Sharon McMahon, CNWC

The opinions expressed ed to replace advice of your hours leading up to your its and lifestyles which can personal physician or li-Please consult your physician for any issues you may have related to nutrition or "I want to sleep but my fitness activity.

Aspire names Kevin Sheward VP of business strategy

The REPORTER

Aspire Indiana Health has named Kevin Sheward as Vice President of Strategy and Business Development, overseeing the development and implementation of business strategy for the healthcare nonprofit.

Sheward has been with Aspire for eight years and previously held the title of Director of Grants, Resource & Fund Development. He holds a bachelor's degree in political science and an MBA, both from Anderson University.

"Kevin will be responsible for guiding the creation of a unified strategy for Aspire Indiana Health and its subsidiaries, as well as developing and strengthening partnerships with stakeholders who are essential to our mission of making health and well-being a reality," Aspire President & Executive Officer Antony Sheehan said. "His leadership will be said. "Aspire does not do this ana are encouraged to email

tinued desire to provide outstanding experiences to every person who chooses Aspire for their care or career. I am excited about the positive impact Kevin will undoubtedly make in this new

capacity."

ership, Aspire has seen its tral Indiana that addresses grant funding skyrocket behavioral health, primary over the last several years, medical care, substance use and added millions to the disorders, infectious diseascompany's bottom line es, deaf services, veteran through 340B compliance programs, abused/neglected and other resource development initiatives. He has also helped launch significant and employment. Aspire fundraising campaigns and helped guide organizational network of community orgrowth across the organization.

instrumental in Aspire's con- work alone and I look for- info@aspireindiana.org.

ISO adds date to 2023 AES

Indiana Yuletide Celebration



Sheward

ening existing, and building new, partnerships that help meet critical needs of Hoosiers in central Indiana."

About Aspire Aspire Indiana Health is a

fully integrated nonprofit Under Sheward's lead- health system serving cenchildren, and social drivers of health such as housing is supported by a strong ganizations, state/federal entities, and generous bene-"I'm truly humbled by factors. Those interested in the opportunity to serve As- partnering with Aspire in pire and our communities making health and well-bein this new role." Sheward ing a reality in central Indi-



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The REPORTER

By popular demand, the Indianapolis Symphony Orchestra (ISO) recently announced an additional performance of the 2023 AES Indiana Yuletide Celebration at Hilbert Circle Theatre.

The new date is 2 p.m. on Dec. 22. Tickets for the newly added performance, along with more than two-dozen showtimes to choose from, are on sale now at IndianapolisSymphony.org.

Maestro Jack Everly leads the 37th annual AES Indiana Yuletide Celebration Dec. 1 to 23, for a magical holiday production featuring Broadway star Ben Crawford as host, the return of MOIPEI after their debut performance with the ISO in 2022, tap-dancing Santas, dazzling choreography, and stunning costumes. Ben Crawford served as host of Yuletide Celebration in 2012 and 2014 and is known for his memorable performances in Broadway blockbusters including Les Misérables, Shrek, Big Fish, Charlie & the Chocolate Factory, and many more

2023 highlights

· Maestro Everly continues his tradition of composing new music for the Yuletide performances and he'll conduct familiar holiday favorites, too.

• Audiences are in for a treat with a performance from Sherry Hong, ISO's Acting Assistant Principal Second Violin.

• The talented triplets Mary, Maggy and Marta are returning for this year's performances. Known globally as MOIPEI, this trio wows

audiences with their harmo- served as the ISO's Princinies

nationally acclaimed Ex- rector of the AES Indiana pressenz Dance Center on Yuletide Celebration, now stage, too.

cirque act returns: Nick Hodge is a cirque performer who defies gravity in his daring and breathtaking shows. A nationally and globally ranked Wheel Gymnastics competitor, he'll perform using a Cyr wheel, a large metal Printing Partners Pops Sering that's only a few inches wide – and he performs feats most people can't attempt on solid ground.

 Madison Hilligoss brings her tap-dancing talent pertise and charismatic perto the Hilbert Circle Theatre stage. An alumna of the tap dance program at The School at Jacob's Pillow ume One, which included and NYU, Madison's recent three of his own orchestracredits include: The Tap Dance Kid (New York City Center Encores!/Off-Broadway), Funny Girl (Pre-Production/Broadway), 42nd Street (The Ordway), and more.

of the tradition. Arrive early for a stroll around Monument Circle, where the dedicated to creating an Circle of Lights will be on inclusive and innovative display; then head to Hilbert experiential environment Circle Theatre for cookies that is inspiring, educaand hot chocolate in the lobby, photo opportunities with holiday characters and the iconic Christmas tree, and a reading of "How the Grinch Stole Christmas" in the Maestro Lounge 30 minutes including the IU Health before showtime.

chased online at Indianap- ries, the holiday traditions olisSymphony.org or by of AES Indiana Yuletide calling the Box Office at Celebration and the popular (317) 639-4300.

About Principal Pops Conductor Jack Everly Maestro Jack Everly has

pal Pops Conductor for 20 · Look for the inter- years and as the Music Dientering its 37th year. Each • A new awe-inspiring year, he composes original music for the Yuletide performances, along with conducting familiar favorites. Throughout the season, whether he's leading the ISO through memorable Broadway melodies for the ries or Princess Bride for the popular Film Series presented by Bank of America, Maestro Everly is beloved by fans for his musical exsonality. He has led the ISO in its first Pops recording, Yuletide Celebration, Voltions.

About the Indianapolis Symphony Orchestra

The Indianapolis Symphony Orchestra, at home and thriving in the heart of Indianapolis, offers an The show is only part exceptional artistic and musical experience. The orchestra is open to all and tional, and welcoming. The ISO celebrates historically beloved performances while engaging audiences by introducing new voices through programming Plans Classical Series, the Tickets may be pur- Printing Partners Pops Se-Film Series presented by Bank of America. For more information, visit IndianapolisSymphony.org.

Saturday, November 18 11:30 a.m.

ribbon cutting at 12:00 p.m. with food and beverage vendors



for more information and to purchase tickets visit ThelceAtGrandJunction.com

News



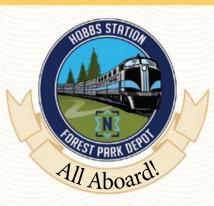


Sit back and enjoy the sights, sounds and experience of a ride in our 1950s Santa Fe equipment.

The Nickel Plate Express operates on 12.5 miles of the former Nickel Plate Road between Noblesville and Atlanta.

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Reindeer Express Enjoy hot cocoa and cookies, listen to holiday music, and take pictures as the train chugs along its route to a magical holiday experience. Included in each ticket is a festive cookie, a 75-minute train ride, and a chance to write a letter to Santa. The journey will be even more memorable with a special visit from Santa Claus himself.

Estridge opens "Studio E" home customization center



Estridge Homes held a grand opening for its office and homeowner design center, "Studio E," at its new headquarters, 645 W. Carmel Drive, Suite #130, Carmel. Estridge Homes was founded in 2013. "Studio E" allows buyers to personalize their homes by selecting their fixtures and finishes. Estridge Homes builds nearly 100 homes a year and is currently building in Westfield's Harmony, Midland, and Serenade neighborhoods, in Carmel at One46 Monon, and in Indianapolis at 16Gateway. Learn more at Estridge.com. (Front row, from left) Jeff Worrell, Carmel City Councilman; Chirs Morrison, Purchasing & Estimating Manager; Tyler Blake, CFO; Clint Mitchell, CEO; Rob McGraw, COO; Devon Bloxom, Director of Sales & Marketing; Casey Stroup, Cabinet Division Manager; and Judy Estridge. (Back row, from left) Tracy Ash, Studio E Consultant; Eri Bates, Estimator; Sarah Stamper, Sales Consultant; Mason McQuinn, VP of Construction; Jill Mullen, Studio E Manager; and Jason Harter, Pre-Construction Manager.

Get to the Thanksgiving table safely Hamilton County Traffic Safety Partnership stepping up patrols during peak Thanksgiving travel

The REPORTER

Thanksgiving is a time throughout for families to gather. However, with more people on the roadways, there is greater potential for crashes. That the holiday travis why the Hamilton County el period ranging Traffic Safety Partnership from the day beis joining law enforcement fore thanksgivagencies from across the state ing to the Monmake sure everyone gets to

2021, 190 people the nation died in alcohol-impaired driving crashes in day following

involved in fatal alcohol-impaired before Thanksgiving. In 2021 alone, 36 drivers in fatal crashes were alco-Hamilton County Quakenbush

nationwide were the negative effects of excessive alcohol consumption. We want everyone to make crashes on the night it their destinations safely for the Thanksgiving holiday.'

Officers will be on the roads on high alert for impaired drivers. Motorists are hol impaired. The encouraged to plan ahead to get home safely by designating a sober driver or by usride service like Uber or Lyft. Never drive impaired or let friends get behind the wheel if they have been drinking. By working together, we can save lives and make sure there are no empty places at the Thanksgiving table this year.

November 11 - December 23



Station in Noblesville, Indiana on December 31st at 8 p.m., this one-time only train ride promises to be a memorable experience.

December 31

NickelPlateExpress.com

their destination safely.

"This holiday season, we expect to see a lot of traffic on the roads. Please make smart decisions by not mixing drinking and driving," said Devon McDonald, Executive Director of the Indiana Criminal Justice Institute. "Be proactive and plan for a sober driver."

According to the National Highway Traffic Safety Administration (NHTSA), impaired driving and fatal crashes spike during the

Thanksgiving.

NHTSA data shows there are more motor vehicle traffic crash fatalities during holiday periods due to increased travel time, more alcohol usage, and excessive driving speed.

The issue is made worse by Thanksgiving Eve, also known as "Drinksgiving" or "Blackout Wednesday." On that day, there is an increase in overconsumption of alcohol.

Thanksgiving holiday. In November 2021, 137 drivers the approach to mitigating fic Safety Partnership.

Traffic Safety Partnership reminds people that ing public transportation or a impaired driving is a matter of life and death.

"The goal of law enforcement in addressing overconsumption of alcohol is not only to enforce the law but also to promote public safety, reduce accidents, and create an environment where individuals can enjoy themselves responsibly," said Hamilton County Sheriff Dennis Quakenbush. "Education, prevention, and intervention

From November 2017 to are essential components of about Hamilton County Traf-

For more information on impaired driving, please visit nhtsa.gov/risky-driving/ drunk-driving.

Click here to learn more

Indianapolis man sentenced to five years in federal prison for manufacturing counterfeit currency

The REPORTER

Jacob Seyfried, 47, Indianapolis, has been sentenced to five years in federal prison after pleading guilty to manufacturing counterfeit currency.

According to court documents, on Nov. 13, 2021, a Carmel Police Department

on a Cadillac with stolen license plates near 96th street. The driver was Seyfried.

had been released from jail about six days prior and had been staying at the nearby Clarion Hotel. He claimed that he borrowed the Cadillac and just finished shopping at Kohl's.

The Carmel officer searched the vehicle and found a \$100 bill under the console that appeared brighter in color than normal. The officer also found several receipts on the floorboard of the vehicle, a paand a Kohl's shopping bag containing a Nike coat and backpack.

The officers searched Seyfried's person and removed a wad of \$50 bills. Seyfried told officers he had about \$400 in cash on him at the time. Officers examined the money and noticed that most of the bills had the convictions and jail time, exact same serial number. Officers recovered a total of \$300 in counterfeit \$100 and \$50 bills. Officers went ry A. Myers, United States to Kohl's and recovered the bills that Seyfried used to District of Indiana. "Crepay for his purchases, which ating counterfeit currency were also counterfeit. A \$50 is not a victimless crime, bill Seyfried used at Kohl's it harms everyone in our had the same serial number economy-stealing income

Officer initiated a traffic stop as the counterfeit bills police from businesses and raising later found on his person.

At the Clarion Hotel, law enforcement officers Seyfried stated that he searched the room Seyfried checked out of that morning. During their search, they located items used to manufacture counterfeit bills, including gel pens, double-sided tape, a water proofer, a printing paper booklet, several articles of ink and paint, and two printers. Officers also recovered case is a testament to the eight pages of printed, counterfeit \$100 bills, and four pages of printed counterfeit \$50 bills.

Seyfried has a lengthy per shredder in the trunk, criminal history including convictions for forgery, possessing a handgun as a convicted felon, and a prior federal conviction for mail fraud. He was caught with a counterfeit title for a stolen \$50,000 Dodge Charger while on pretrial release in this case.

> "Undeterred by multiple Mr. Seyfried continued to use fraud and deceit to line his pockets," said Zacha-Attorney for the Southern

prices for consumers. The serious prison sentence here demonstrates that fraudsters and forgers will face serious punishment for economic crimes. I commend the Carmel Police Department and the U.S. Secret Service, along with our federal prosecutor, for their diligent work to ensure that this criminal is held accountable."

"The sentencing in this outstanding work of the Carmel Police Department," said Jeffrey R. Adams, Special Agent in Charge of the U.S. Secret Service Indianapolis Field Office. "We would like to thank the U.S. Attorney's Office and the Carmel Police Department for their partnership in this investigation."

The Carmel Police Department and U.S. Secret Service investigated this case. The sentence was imposed by U.S. District Court Judge James P. Hanlon. Judge Hanlon also ordered that Seyfried be supervised by the U.S. Probation Office for three years following his release from federal prison.

U.S. Attorney Myers thanked Assistant United States Attorney Adam J. Eakman, who prosecuted this case.



News

Sen. Braun: "If we do not embrace Sogility to partner AI, we won't be able to counter it" with Hoosier FC

The REPORTER

On Thursday, U.S. Senator Mike Braun (R-Ind.), recognize Ranking Member of the AI has facilitated U.S. Special Committee on an extraordinary Aging, delivered the following opening remarks at the committee's hearing titled, "Modern Scams: How a Scammers Are Using Artificial Intelligence & How We Can Fight Back."

While the most common scams are still old-fashion impersonation, we are now seeing fraudsters leverage artificial intelligence (AI) to carry out sophisticated attacks.

Scammers utilize voice-cloning and deepfakes to pose as much more realistic threats than consumers are used to.

With the amount of personal information already online, these scammers can target practically anyone.

dollars in losses. We must also that number of positive developments. AI has made

massive resurgence in the past 10 years to

become more widespread, tively - but it can also be part powerful and easier to use of the solution. than ever before.

across multiple industries, being used to detect cancer, predict equipment failure for manufacturing, and detect fraud in banking.

It is consumer demand that has been a driving force in AI investment and advancement. It is estimated that worldwide spending on more than \$60 billion every AI will reach nearly \$98 billion this year.

These damages, as high- being an entrepreneur the times charged up to \$1,200 lighted in our Fraud Book, importance of embracing in co-pays per scam. can amount to billions of technology to grow your



benefits to AI, but it is also something we need to be careful about unrolling.

business.

In the context of frauds and scams, AI can be leveraged nega-

The private sector has AI has materialized utilized AI and machine learning since the 1990s to combat fraud.

> It is important that the government embraces similar technology by testing promising solutions to systems that suffer the most from fraud, like Medicare.

Taxpayers are losing vear in Medicare-related fraud and payment errors, I know first-hand from and individuals are some-

I will be introducing the reduction.

Medicare Transaction Fraud The REPORTER There are clear Prevention Act, which empowers CMS to conduct a (FC) and Sogility have anmachine learning.

> fraud Medicare-covered products, Diagnostic testing and Durable Medical Equipment.

By notifying beneficiaries in real time with suspicious purchase alerts, this bill uses successful techniques that are already employed by private industry.

While some of my colleagues have called for heavy-handed federal regulations on AI, I am very concerned that we do not smother it.

I am proud of championing solutions like this to help the government better integrate working solutions and look forward to learning about similar commonsense solutions for long-term fraud

Hoosier Futbol Club fraud detection pilot utilizing nounced a partnership to help continue the develop-This bill targets two cat- ment of their players in a egories of historically high- unique and exciting environment.

Sogility is a soccer training center based in Westfield utilizing world-class training technology used by large clubs like FC Barcelona and Manchester City. This center is perfect for players who want to improve their technical skills in dribbling, touch, passing, and shooting.

"Sogility is excited to add Hoosier FC to our list of local club partners," CEO Sogility Jimmy Carson. "They have a history of developing very talented players and we are excited to help provide these players additional supplemental training opportunities."

"Hoosier FC has long been known for its focus on

developing its players' technical skills, especially at the youngest ages," Hoosier FC Executive Director of Coaching Tom Keenan said. "Through our relationship with Sogility, our athletes will have access to additional training opportunities that incorporate the use of technology. We are excited to partner with Sogility and encourage our players to put in the work and strive for excellence."

For more information on the partnership between Hoosier FC and Sogility contact Sam Wade at sam@ sogility.net or Meg Strothkamp at strothkamp.meg@ hoosierfc.com.

About Sogility

Sogility's mission is to increase soccer playskills, confidence, ers' and physical development with personalized training through the use of technology and individualized data monitoring. Learn more at sogility.net.



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Obituaries

TODAY'S BIBLE READING **ISAAC AND ABIMELEK**

Isaac's servants dug in the valley and discovered a well of fresh water there. But the herders of Gerar quarreled with those of Isaac and said, "The water is ours!" So he named the well Esek, because they disputed with him. Then they dug another well, but they quarreled over that one also; so he named it Sitnah. He moved on from there and dug another well, and no one quarreled over it. He named it Rehoboth, saying, "Now the Lord has given us room and we will flourish in the land.'

Genesis 26:19-22 (NIV)

Meeting Notices

The Mt. Vernon School Board of Trustees will meet for a work session from 5:15 to 6:45 p.m., followed by a regular meeting from 7 to 8:30 p.m. on Monday, Nov. 20, 2023, at the Mt. Vernon Administrative Service Center, 1806 W. State Road 234, Fortville.

The Noblesville Schools Board of Trustees will meet at 7 p.m. on Tuesday, Nov. 21, 2023, in the Board Room at the Noblesville Schools Educational Services Center, 18025 River Road, Noblesville

NOBLESVILLE

NOTICE TO PROPERTY OWNERS OF PUBLIC HEARING **Board of Zoning Appeals**

City of Noblesville, Indiana This notice is to inform you of a Public Hearing that will be held by the Noblesville Board of Zoning Appeals on the 4th day of December, 2023. This hearing, to discuss application **BZNA-0033-2023**, will begin at 6:00 p.m. in the Common Council Chambers, Noblesville City Hall at 16 South 10th Street. The application submitted by FMG Indianapolis d/b/a Reagan Outdoor Advertising appriation admitted by Thio Informations of the Reagin Outcor Advertising requests an appeal of a Violation Letter dated June 6, 2019 pursuant to UDO § 4.D.2 on the property located at 14800 Herriman Boulevard.

Written suggestions or objections relative to the application above may be filed with the Department of Planning and Development, at or before such meeting, and will be heard by the Noblesville Board of Zoning Appeals. Interested persons desiring to present their views, either in writing or verbally, will have an

pportunity to be heard at the above-mentioned time and place. This hearing may be continued from time to time as found necessary by the Noblesville Board of Zoning Appeals. A copy of the proposal is on file in the Department of Planning and Development at 16 South 10th Street, Suite B140 and may be reviewed during regular office hours: 8:00 a.m. to 4:30 p.m. A copy of the file may also be viewed on the Department of Planning website, http://www vityofnoblesville.org/planning. Noblesville Board of Zoning Appeals

Caleb Gutshall, Secretary

Nancy Lou Householder October 26, 1942 – November 15, 2023

Nancy Lou Householder, 81, Noblesville, passed away



on Wednesday, November 15, 2023, at Prairie Lakes Health Campus in Noblesville. She was born on October 26, 1942, to C. Victor and Vera (Witcraft) Degarmo in Janesville, Wis.

Nancy graduated from Janesville High School where she participated in water ballet. She also enjoyed figure skating in her younger years. Nancy has been a member of First Christian

Church in Noblesville for many years. She provided administrative assistance for the University of Wisconsin at Whitewater, Wis., and for 14 years at the Hamilton County Courthouse. Nancy liked to play Bridge, play tennis with friends, and was an avid traveler, enjoying many cruises and adventures with her family. Nancy never missed her boys' games or events as they were growing up.

She is survived by her husband of 58 years, Howard Householder; sons, Chadmon Householder and Ryan (Deanna) Householder; sister, Vicki (Mark) Degarmo-Jackson; brother, Bruce (Tamara) Degarmo; nephew, Bob (Sharon) Naatz; niece, Deb (Doug) Brookins; step-grandchildren, Gage and Lila; several nieces, nephews, brothersin-law, sisters-in-law, and extended family.

In addition to her parents, she was preceded in death by her brother, Verne Degarmo; and sister, Wilma Naatz.

Services will be held at noon on Friday, December 8, 2023, at First Christian Church of Noblesville, 16377 Herriman Blvd., Noblesville, with Rev. Dr. Brooks Barrick officiating. Visitation will be from 10 a.m. to the time of service at the church.

Memorial contributions may be made to Dementia Society of America, P.O. Box 600, Doylestown, PA 18901 (dementiasociety.org).

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HE REPORT

Condolences: randallroberts.com

Retta Faye Edwards July 17, 1944 – November 15, 2023

Retta Faye Edwards, 79, Lapel, passed away on



Wednesday, November 15, 2023, at her home surrounded by her family. She was born on July 17, 1944, to Samuel and Thelma (Brumett) Estes in Union County, Ky.

Fay spent many years working for Riverview Hospital in the housekeeping department and was a member of Bethel Baptist Church in Lapel. She enjoyed making and selling crafts and

was the "go to" seamstress for all her family and friends. Fay would go all out for Easter with an egg hunt and dressing up as the Easter Bunny. She volunteered for Operation Christmas Child for many years, and it was her goal to outdo herself from the previous year by recruiting help from family and friends, who could never say no. Fay liked spending time with her church family and loved having sleepovers with her grandchildren. She liked to travel and taking "snapshots of life" pictures.

She is survived by her daughter, Barbara (Tom) Roark; sons, Mark Edwards and Matthew (Shirley) Edwards; 14 grandchildren; 15 great-grandchildren; brother, Bill Estes; nephew, Mike Estes; and several self-adopted children and grandchildren.

In addition to her parents, she was preceded in death by her husband, Gerald D. Edwards; daughters, Michelle Wiltermood and Tina Brown; granddaughter, Jessica Brown; twin sister, Rita May Estes; and sister, Jewel Lee.

Services will be held at 2:30 p.m. on Tuesday, November 21, 2023, at Randall & Roberts Funeral Center, 1685 Westfield Road, Noblesville, with Pastor Jimmy Gilbert officiating. Visitation will be from 12:30 p.m. to the time of service at the funeral home. Burial will be at Chester Friends Cemetery in Westfield.

Memorial contributions may be made to Operation Christmas Child, c/o Samaritan's Purse, P.O. Box 3000, Boone, NC 28607 (samaritanspurse.org).

Thanks for reading the Hamilton County Reporter!

Condolences: randallroberts.com



HAMILTON COUNTY

Reporter

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Girls Basketball Blackhawks fight hard for overtime win

By RICHIE HALL sports@readthereporter.com

SHERIDAN - Sometimes, a win is simply a win. That was the case for the Sheridan girls basketball team on Thursday. The Blackhawks overcame foul trouble, free-throw struggles and a tough Covenant Christian team to get an overtime victory 55-46 at Larry Hobbs Hall. It's Sheridan's first win of the season.

"It was certainly an ugly game, an ugly win, but a win is a win," said Blackhawks coach Jaidlin Bradshaw. "They picked it up when it mattered and figured it out in that last four minutes and found a way to put the ball in the basket from the freethrow line. So we'll take it."

Sheridan played from behind for much of the fourth quarter, trailing by four points (38-34) at the start of the period, then again at 40-36. Baskets by Cecilia Timme and Mac Smith got the Blackhawks back even at 40-40.

The Warriors jumped back in front 43-40 with 1:55 left, but Sheridan made another surge, getting ahead 45-43. Kenzie Garner made three free throws, then Brielle Garner pushed the 'Hawks up 45-43 with a layin.

Two foul shots by Covenant's Avery Reichart tied the game at 45-45, and that would be the score at the end of regulation. Sheridan would dominate the overtime, outscoring the Warriors 10-1. Timme took over the game in the extra period, whole team's effort. I think Sheridan to take a 21-18 in the game. scoring eight points.

"We don't win that game without Brielle Gar- led 15-14 after ner playing defense on their one quarter, with point guard like she did," Kenzie said Bradshaw. "It would scoring six Sherhave been a totally different idan points. The game if she couldn't have Blackhawks' destepped up and played some fense then took defense, so she did a really over in the second nice job. I'm really proud of period, limiting her effort.

Covenant Garner the Warriors to

we had three or four kids halftime lead. The Warriors The Blackhawks also with four fouls that did a poured in 20 points during points, while Brielle Garner good job of stepping up and the third quarter, but Kenzie had nine points. Garner and Shelby Eaton both had five points in that Elwood on Saturday night.



K. Garner C. Timme "I'm really proud of the three points and enabling period to keep the 'Hawks

Kenzie Garner scored 20

SHERIDAN 55,									
COVENANT	CHRI	STIAN	46 (o	overtime)					
Sheridan	FG	FT	ТР	PF					
Cecilia Timme	3	6-7	12	4					
Kenzie Garner	6	8-17	20	2					
Shelby Eaton	3	2-11	8	3					
Nova Cross	1	0-0	2	4					
Brielle Garner	4	0-0	9	4					
Sadie Timme	1	0-0	2	1					
Mac Smith	1	0-1	2	3					
Totals	19	16-36	55	21					
Score by Quarters									



Reporter photo by Richie Hall Sheridan's Shelby Eaton (20) is congratulated after making a basket during the Blackhawks' game with Covenant Christian on Thursday.

had solid rebounding and defense during the overtime as well.

playing good defense in a high-pressure situation."

Sheridan is 1-2 and hosts

Covenant Christian	15	3	20	7	1 – 46			
Sheridan	14	7	13	11	10 – 55			
Sheridan 3-pointers (1) B. Garner.								

State sister act: Flannagans help GC teams find success

By RICHIE HALL

sports@readthereporter.com

There was a potential dilemma for the Flannagan family during the last weekend of October.

Ava Flannagan is a senior soccer player at Guerin Catholic, while her younger sister Claire Flannagan is a freshman Golden Eagles cross country runner. Both teams qualified for the state finals, which was a great and historic achievement for the school.

The only issue? There was the possibility of both teams playing on the same day, several miles apart. The state soccer games took place at IUPUI, the cross country at Terre Haute. Fortunately, Guerin Catholic's state soccer game was played on Friday, Oct. 27, so the family got to see Ava join her teammates in winning the Class 2A state championship.

"As our team's motto is 'Win as One' it has truly shown that we not only play for ourselves but our team as a whole," said Ava. "It has been a privilege and an honor to play for GC the my sister's drive especially of this state bound experience."

"It was fun to see my sister accomplish her goals and finish her soccer career on the highest high possible," said Claire. "It doesn't get any better than winning a state championship especially your senior year and I am just so proud of her!"

The next morning, the Flannagans were at the La-Vern Gibson Championship Cross Country Course to see Claire and the GC cross country team compete at state. The Golden Eagles finished 21st in the state, while Claire placed 119th out of 249 runners, running the 5,000-meter course in 19 minutes, 30.8 seconds.

"I really cannot ask for a better freshman year," said Claire. "It has been the best experience seeing myself and my teammates accomplish our goals together this season. When we set our goal at the beginning of the season to make it back to the state meet we knew we could get there with hard work, grit and determination. It has been an honor to run for Guerin Catholic and represent our school."

"I've always admired last four years and be a part as it relates to running but most of all I am still in awe



Photos provided

Guerin Catholic sisters Ava and Claire Flannagan were both part of history for the Golden Eagles the weekend of Oct. 27 and 28. Ava Flannagan (above right) helped the Guerin Catholic girls soccer team to a first-ever state championship, while Claire Flannagan (above left) ran with the GC cross country team during its journey to the state meet.

said Ava. "Just being a spectator is a full on workout. In all seriousness it was really cool to watch her run at state and close out a solid first high school season."

Ava began playing soccer when she was 5 years one of the toughest sched- the state has definitely giv-

varsity her senior year.

Golden Eagles team for all for years of high school. She played three years on junior Bishop Chatard, just to win varsity before moving to its sectional.

old and was a member of the ules in Class 2A, and had to get past two highly-ranked teams, Brebeuf Jesuit and

"Having to play some of Guerin Catholic played the toughest competition in

en us the confidence to beat anyone else in the state we face," said Ava. She also noted that it gave the Golden Eagles "great momentum" heading into the state

See Sisters . . . Page 12

The Dani Robinson difference

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of why people run for fun," Joshua Herd

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Sports

Sheridan volleyball team makes post-season honors



Photos provided The Sheridan volleyball team gave out its post-season Wednesday. awards on Here are pictures of the Blackhawks honorees. (Above, from left) Junior Kenzie Garner (Overall MVP), junior Trinity Parkin (Offensive MVP), sophomore Meredith (Defensive MVP). Krupp junior Nova Cross (1,000 plus career assists), freshman Beth Adams (Mental Attitude). (Left) Senior Maelei Casler (left), manager (Support Staff



Academic All State Gold Award) and senior Claudia Headlee (Hoosier Heartland Conference All Academic Conference and Academic All State Gold Award).

SPORTS SCHEDULE

Friday, Nov. 17 FOOTBALL

Class 6A north semi-state Westfield at Crown Point, 7:30 p.m. Class 1A south semi-state Indianapolis Lutheran at Sheridan, 7 p.m. **GIRLS BASKETBALL** University at Lawrence Central, 6:30 p.m. Brownsburg at Noblesville, 7:30 p.m. Fishers at Westfield, 7:30 p.m. Franklin Central at Hamilton Southeastern, 7:30 p.m.

Please email schedule changes or corrections to sports@readthereporter.com.

Sisters -

from Page 11

championship game.

Claire is also a longtime athlete in her sport; she started her running career at Our Lady of Mount Carmel in the third grade. She also understood what it was like to go through a competitive sectional, as Guerin Catholic had to advance out of the tough Noblesville sectional and Shelbyville regional just to qualify for state.

"It has been great competing against girls that are faster because it has pushed us harder and therefore we have been able to run faster times and reach our goals," said Claire. "It has been

not only challenging but a wonderful learning experience and as a result, we have proven we can compete at a higher level!"

They may be two sisters in different sports, but they now have the common bond of being state qualifiers. And, each other's biggest fans.

"I don't quite chase her around the full length of the course like my mom does, but I have seen her run," said Ava.

Claire said "it's been a joy watching my sister her whole life but particularly in her senior year play soccer for the last time!"

New video seeks to restore respect for game officials

The REPORTER

Community members can now view a free video on the Hamilton County **Sports Authority (HCSA)** website about good sportsmanship and respecting officials through a partnership with Officially Human. Officially Human exists to restore respect to game officials and recognize them as authorities on the fields and courts.

"Officially Human is thrilled to partner with Hamilton County Sports

Human Founder Brenda informs viewers about the Hilton. "In my first conver- job of an official and how to sation with the HCSA team, restore respect on the fields they shared a desire to drive and courts. Recommended change in the Hamilton viewers include spectators, County area by being the coaches and players of any first sports authority to partner with Officially Human. This organization sees the value of raising awareness surrounding the positive treatment of officials, and we look forward to working no matter what sport," said alongside their communities.'

sport.

"We want to raise awareness throughout the community regarding the difficult jobs officials have and how to increase respect for them, Hamilton County Sports Authority Director Carl The Elevate Respect Daniels. "We can't support

Authority," said Officially video on HCSA's website sport tourism without sup- continue to grow with new holders porting our officials."

United Umpires, an organization that schedules baseball umpires for Westfield's Grand Park, is a strong believer in Officially Human's mission of "humanizing" officials and umpires.

"We are thrilled that Hamilton County Sports Authority is partnering with the Officially Human team and look forward to seeing them around Hamilton County and Grand Park as we all work together to solve the shortage, reten- Ill., Officially Human was tion and treatment of sports officials," said The United Brand Chief Executive Officer Alex Skandalis.

resources and programming in the weeks to come. For the latest information, go to HamiltonCountySports. com.

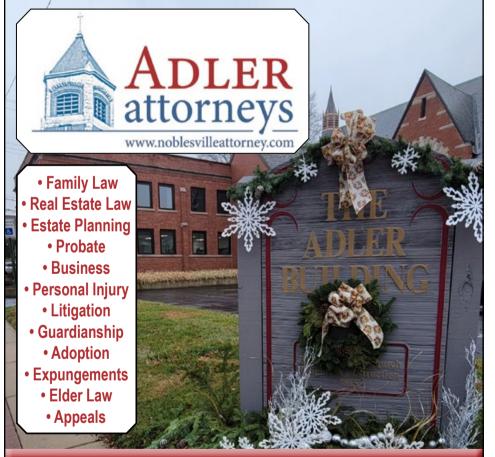
About Hamilton County Sports Authority

The Hamilton County Sports Authority creates positive economic and community impact by attracting, supporting and developing sporting events, facilities and clubs for Hamilton County.

About Officially Human

Based in Lombard, founded to restore respect to, and positive treatment of, sport officials through This partnership will communication to all stake- OfficiallyHuman.com.

(administrators, coaches, athletes, and fans.) Founded in 2019, Officially Human is the leader in addressing the growing crisis in officiating that touches every sport, official, and level of competition. Officially Human offers tailored solutions to athletic host organizations of all sizes that improve the stakeholder experience at each of their sporting competitions. The comprehensive solutions package includes digital education, awareness building, event host communication strategies, and organizational support in addressing poor fan behavior. To learn more about increased education and Officially Human, visit



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Upcoming Broadcasts

Fri Nov 17 -**Girls Basketball**

6:00 pm Brownsburg vs Noblesville | Junior Varsity | HCTV Sports 7:30 pm Brownsburg vs Noblesville | Varsity | HCTV Sports

Boys Basketball

7:30 pm Laurel Panthers vs Horizon Christian | IndianaSRN

IHSAA Football | www.IHSAAtv.org ONLY! | paid-per-view 7:00 pm Lutheran at Sheridan | SEMI STATE 8:00 pm Westfield at Crown Point | SEMI STATE

Tues Nov 21 - Girls Basketball

6:00 pm Zionsville vs Fishers | JV Basketball | Fishers Sports Network 7:30 pm Zionsville vs Fishers | Varsity | Fishers Sports Network

Sat Nov 25 - Boys Basketball

12 pm Franklin Community vs Noblesville | JV | HCTV Sports 1:30 pm Franklin Community vs Noblesville | Varsity | HCTV Sports



